

## Contact

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[princetonstar.ca](http://princetonstar.ca) (Company)  
[christinasather.ca](http://christinasather.ca) (Personal)

## Top Skills

Technical Support  
Web Development  
Web Applications

## Languages

English

## Certifications

Canadian Sanitation, Food-Safe  
Level 1 and 2  
Workplace Emergency Planning for  
Workers/Persons with Disabilities  
CPR, Occupational 1st Aid  
Introduction to Psychology  
Successful Negotiation: Master Your  
Negotiating Skills

## Publications

Princeton CarShow Classic Cars  
Coloring Book

# Christina Sather

Artist, Designer and Digital Creator...  
Princeton, British Columbia, Canada

## Summary

I'm focussing on activities that are listed in the "Projects" section of my profile.

Host and Domain Business [2 stores]

Also to create valued paintings and artwork while documenting my work to create some interest from the public or followers, through video and photography. I want to create a following.

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## Experience

### Kathouz

27 years 1 month

### Visual Artist

January 1999 - Present (27 years 1 month)

Princeton BC Canada

I was previously known as "KatGrafix"

My Business Name is Kathouz KatGrafix Co.

### In My Studio

January 1999 - Present (27 years 1 month)

Princeton, British Columbia, Canada

Producing, Creating Art, Creative Writing and Book Development.

"Books, Art, Painting, Editing, Publishing"

### Kathouz Publishing

January 1999 - Present (27 years 1 month)

British Columbia, Canada

I carefully select my projects, so to avoid burnout.

### Book Developer

August 2014 - Present (11 years 6 months)

British Columbia, Canada

Writing, Editing and Publishing

Fine Art Creation and Digital Creation

Collector Handmade Book Making

Works in Progress...

Language English

### Marketing Graphic Designer

January 1999 - Present (27 years 1 month)

British Columbia, Canada

Creating promotional products and marketing materials for my own projects, order fulfillment, production, outsourcing and delivery. Projects include Illustration, Layout, Web Design, Vector Design, Print Publishing, 2D Vinyl Graphics- Cut and Peel, Sign Making, Card Making, Book Making, Fabric Design, Painting, General Painting, Wall Mural Design.

### PrincetonStar Hosting Resources

January 2016 - Present (10 years 1 month)

Princeton BC, Canada

Remote- Hosting and Domain Names

Kathouz Publishing is an Associate of LiquidNet Ltd.

PrincetonStar is the result of our collaborative business.

### Princeton and District Community Services

Nutritionist/ Kitchen & Diningroom Manager

October 2005 - March 2015 (9 years 6 months)

Princeton, BC

Working in the Princeton & District Community Services was a wonderful experience for me overall.

I worked closely with the rest of the management team to ensure that the entire organization ran effectively within the guidelines of policies that were put in place by contributing partners and board members. The kitchen and dining-room operated with an upbeat positive atmosphere that promoted staff to be involved with decision process and were encouraged to take the "I CAN DO" approach to any type of creativity while performing their duties and were encouraged to be involved with the residents anytime that presented an opportunity.

My job required working closely with the Dietitian, Home Support Nurse, Executive Director, Adult Day Center Coordinator and the Home Support and Kitchen Teams; we achieved a great place for our Independent Care Residents and enhanced their day to day lives. Our kitchen provided Meals-on-Wheels to the clients in the community, cooked for special events, planning and cooking banquet meals for large parties; as well as prepare and serve

regular early day and evening meals for residents. My job was to control all aspects of running the kitchen, creating new forms and procedures as needed, training senior staff to train other new staff, arrange and head in-service orientation meetings, oversee budgeting and scheduling and the entire operation in our department. I assisted fellow employees with their work when needed and was head chef.

## Management Consultant Food and Beverage

Chef, Supervisor, Manager, Start-ups

June 1983 - October 2005 (22 years 5 months)

Fraser Valley, Lower Mainland, British Columbia

I began my career in the food industry when I was very young at the age of 14 years old at McDonalds. Excellent training and a great attitude made me successful in the Hospitality Industry. I was strong and willing to do what it took and continued with my education and work to pave the way for multiple better opportunities in the future.

I have worked closely with top management in different organizations; to assist with the fulfillment of milestones for the company in the areas of menu development, staff training and orientation methodology, administrative business systems and forms development, motivational incentive ideas to help increase productivity of staff performance, budget, managing suppliers and products incoming, functional organization of work areas, health & safety procedures for proper food handling, decorating and banquet events and large outdoor tournament meal preparation.

## KatGrafix

Artist

January 1986 - January 1999 (13 years 1 month)

British Columbia, Canada

Art, Graphic Design (by hand) before computer, Seasonal Window Painting, Drawing, Clients

## Royal Columbian Hospital

Critical Care Nurse Aide

August 1980 - September 1986 (6 years 2 months)

New Westminster, BC Canada

Operating Room, Case Room, Sterile Corridor, Isolation Ward, the ICU, and Anesthetic Aide. I was hired on-call as a Housekeeping Aide, I later went on, and applied for a Nurse Aide position and got it. I worked temporary full-time

positions as they came up; I applied and was hired internally. I was successful as a nurse aide and was offered a promotion to scrub nurse in the O.R. if I would continue in my education and go into nursing. I was very young and wasn't sure if that would be the right path for me. Eventually I went back full-time into Hospitality.

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## Education

### Douglas College

Certificate, Professional Business Practices for Artists and Designers · (1995 - 1995)

### Trebas Institute Vancouver

Certificate Diploma, Audio-Video, Production and Post Production, Multimedia, Business Management · (1998 - 2000)

### Udemy Alumni

Diploma, Arts Therapy: Therapeutic Art for Self Healing (Part One) · (2020 - 2020)

### Udemy Alumni

Diploma, Arts Therapy- Therapeutic Art Self Exploration and Self Healing (Part Two) · (2020 - 2020)

### American Hotel and Motel Association

Diploma, Food and Beverage Management · (1993 - 1994)